



Vineland-3

Vineland-3™: The adaptive behaviour assessment you know and trust

Now giving the people in your care an even better chance at success

Accurately assessing a person's adaptive behaviour is crucial to get them the services needed to function effectively in daily living. The updated Vineland-3 helps you more efficiently identify their strengths and weaknesses with less room for error.

The ***Vineland Adaptive Behavior Scales, Third Edition*** (Vineland-3) is an individually-administered measure of adaptive behaviour that is widely used to assess individuals with intellectual, developmental, and other disabilities. The three administration formats help describe each client's profile from a different and important point of view:

- The **Interview Form** (for ages 0–90+) uses the time-honored Vineland semistructured interview technique to elicit information about the examinee's adaptive functioning from a parent or caregiver.
- The **Parent/Caregiver Form** (for ages 0–90+) asks about home and family-life behavior using a questionnaire format completed by a parent or caregiver.
- The **Teacher Form** (for ages 3–21 years) collects a teacher's experiences with adaptive behaviour in school, preschool, or in a structured daycare setting.

Depending on the purpose of the evaluation, you may choose either a longer version (Comprehensive) or the new, briefer one (Domain-level). Six new instruments are now available to help you collect the information you need most.

Use Vineland-3 to measure the adaptive behaviour of individuals with:

- Intellectual and developmental disabilities
- Autism spectrum disorders (ASDs)
- ADHD
- Traumatic brain injury
- Hearing impairment
- Dementia/Alzheimer’s disease

The domain and subdomain scores and overall test score are useful for diagnosis, qualification for special programs, progress reporting, program and treatment planning, and research.

Preserving the best of Vineland-II

Listening to feedback from loyal users, these fundamental features remain unchanged in the Vineland-3:

- Same multiple-rater (Interview, Parent/Caregiver, and Teacher) formats
- Same normative age ranges as Vineland-II forms (ages 0-90+ for the Interview and Parent/Caregiver Forms, ages 3-18 for the Teacher Form (age 18 norms used for ages 19-21))

The Vineland-3 also has the same domain and subdomain structure as the Vineland-II:

Domains	Subdomains
Communication	Receptive Expressive Written
Daily Living Skills	Personal Domestic Community
Socialisation	Interpersonal Relationships Play and Leisure Coping Skills
Motor Skills (Optional)	Fine Motor Gross Motor
Maladaptive Behaviour (Optional)	Internalising Externalising Critical Items

Significant Vineland-3 Enhancements

Updated item content and norms—Everyday life has changed. Advances in technology—and its increased use—in addition to our evolving understanding of developmental disabilities—e.g., autism spectrum disorders—are just two examples. Some Vineland-II items have been retained, but others have been revised, and many new items have been added to Vineland-3 to make it relevant for the decisions you’ll make today. New norms are available for all forms at all ages.

New briefer form options—When a simpler evaluation not requiring fine-grained results for intervention planning is sufficient, the new Domain-Level versions (available in all three formats) can be administered in less time. These forms provide reliable, valid domain scores only (no subdomain scores) for examinees ages 3+.



New online administration on Q-global®—Computer-based test administration means fewer (or no) administration materials and less time spent scoring. Completing the Vineland-3 on a mobile device makes it just as portable as questionnaire booklets. Digital administration allows these advantages:

- **Basal and ceiling rules for the Comprehensive Parent/Caregiver and Teacher Forms**

The adaptive Vineland-3 online administration automatically selects the most developmentally appropriate items for each respondent based on her or his previous responses. Basal and ceiling rules are applied “behind the scenes” for Parent/Caregiver and Teacher Forms, eliminating any distractions from manual tracking. (Note: This is a feature for only the Comprehensive Forms, not the new Domain-level Forms.)

- **Suggested interview questions and item-specific probes for the Interview Form**

Proficiency with the semi-structured interview technique requires training and experience. Suggested interview questions and probes have been added to the Vineland-3 Interview Form to help inexperienced interviewers conduct interviews more effectively and develop this skill more quickly.

Separate Interview and Parent/Caregiver Forms—Although the Vineland-3 Interview and Parent/Caregiver Forms still cover the same adaptive behavior areas, the language used in the new Parent/Caregiver Form has been simplified to roughly a fifth-grade reading level.

Changes to the Motor Skills Domain—In addition to item updates in the Vineland-3, the Motor Skills domain is now optional and no longer required as part of the overall test score (the Adaptive Behaviour Composite, or ABC). The normative range has also been extended from 0-6 years in the Vineland-II to 0-9 years, allowing its use when motor functioning is a concern for examinees through age 9.

Overview of the Vineland-3 Forms

	Interview		Parent/Caregiver		Teacher	
	Comprehensive	Domain-Level	Comprehensive	Domain-Level	Comprehensive	Domain-Level
Age Range	Birth to 90+	3 to 90+	Birth to 90+	3 to 90+	3 to 21	3 to 21
Core Adaptive Behaviour Scores	9 subdomains 3 domains overall ABC ^a	--- 3 domains overall ABC ^a	9 subdomains 3 domains overall ABC ^a	--- 3 domains overall ABC ^a	9 subdomains 3 domains overall ABC ^a	--- 3 domains overall ABC ^a
Based on Total Items	381 items	135 items	381 items	120 items	246 items	96 items
Optional Domains (no. of items)	Motor Skills (77) Maladaptive Behaviour (44)	Motor Skills (25) Maladaptive Behaviour (35)	Motor Skills (77) Maladaptive Behaviour (44)	Motor Skills (25) Maladaptive Behaviour (35)	Motor Skills (47) Maladaptive Behaviour (40)	Motor Skills (20) Maladaptive Behaviour (33)
Total Item Count	502	195	502	180	333	149

^aAdaptive Behavior Composite

For more information on using the Vineland-3 in a telepractice or in-person setting, please visit [Pearsonclinical.co.uk/Vineland](https://www.pearsonclinical.co.uk/Vineland).